

# BREAKFAST AND LUNCH MENU

## September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO  SCHOOL	3.FRENCH TOAST ST. Burritos Beans salad FRUIT CUP MILK	4.oatmeal/toast Chili/cheese combo Corn Salad Fruit cup milk	5.scram. eggs toast Chicken nuggets Mash.potato/gravy Green beans Fruit cup milk	6. cinn.rolls Pizza Corn Salad Fruit cup milk
9. CEREAL Breaded drumstick Tater tots Corn Peaches milk	10. muffins/yogurt Meat & cheese chalupas Beans Salad Fruit cup milk	11 pancake wrap Chicken spaghetti Carrots Salad Fruit cup milk	12. brk.burrito Steakfingers Mash.potato/gravy Green beans Roll Fruit milk	13. sausage biscuit HAMBURGER HAMB. GARNISH TATER TOTS FRUIT CUP MILK
16. CEREAL Corndog Corn Salad Fruit cup milk	17 french toast Super Nachos Pinto beans Salad Peaches milk	18. oatmeal/toast Ham & Cheese Sandwich Chips Let/tom/pickle Fruit cup and mlk	19. Scram. Eggs toast Popcorn chicken Mac & Cheese Salad Mix fruit milk	20. sausage roll Hot Dogs With chili and cheese Chips Pork & beans Fruit and milk
23. cereal Pigs in a blanket Baked beans Fruit cup Veggie cup Milk	24 breakfast pizza CHICKEN QUESADILLA SALAD BEANS FRUIT MILK	25. muffin/yogurt Spaghetti w/meat sauce garlic stick carrots fruit and milk	26.breakfast burrito Hamburger helper Salad Green beans Peaches Milk	27. CHEESEBURGER TATER TOTS FRUIT CUP MILK
30. CEREAL Chicken parmesan Italian blend veggies Salad Breadsticks Fruit milk		Remember to pick Three or more items on your tray. This makes it a complete meal.		

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