

OCTOBER BREAKFAST AND LUNCH MENU 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 French toast sticks Popcorn chicken Mac & Cheese Salad Fruit milk	2. biscuit/sausage Hamburger Chips Baby carrots Fruit cup milk
5.Cereal bar Corndogs Pork and beans Salad Fruit cup milk	6. pancake wrap Tacos Salad Cheese cup Pinto beans fruit milk	7.french toast sticks Hamburger helper Corn Orange smiles milk	8.yogurt /muffin Chicken nuggets Mac and cheese Salad Fruit milk	9. cinn. Roll Cheeseburgers Chips Veggie cup Fruit cup milk
12.cereal pizza corn salad fruit cup milk	13.mini bagel Frito pie Beans Cheese cup Fruit cup milk	14.breakfast bites <u>Toasted ham & cheese sandwich</u> <u>Chips</u> <u>Salad</u> <u>Fruit</u> <u>Milk</u>	15.breakfast pizza Steakfingers Mash.potato/gravy Roll Green beans milk	16. sausage roll Chicken burger Chips Veggie cup Fruit cup milk
19. cereal bar <u>Pig in a blanket</u> <u>Pork and beans</u> <u>salad</u> <u>fruit cup</u> <u>milk</u>	20.pancake wrap Super nachos Beans Salad Pineapple milk wrap	21 french toast sticks Spaghetti w/meat sauce Salad Garlic stick Fruit milk	22. yogurt/muffin Popcorn chicken Mac and Cheese Green beans Salad Fruit cup milk	23.sausage biscuit Hamburger Tater tots Salad Fruit milk
26.cereal Pizza Corn Salad Fruit milk	27. muffin /yogurt Burritos Chili Cheese cup Salad Fruit cup milk	28.mini bagel Chicken parmesan Green beans Salad Breadstick Apple slices milk	29.mini bagel Mini corndogs Pork and beans Salad Fruit cup milk	30.sausage rolls Cheese burger Chips Veggie cup Fruit cup milk

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